



Dining Hall Menu: May 10 – May 14, 2021

	BREAKFAST	LUNCH	DINNER
MONDAY	<p>Entrée: Chocolate Chip Pancakes, Bacon</p> <p>Daily Offerings: Jasmine Rice, Fresh Fruit Salad, Yogurts, Assorted Cold Cereals, Oatmeal, Whole Grain Bread, Milk, Orange Juice, Cranberry Juice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Beef Chili GF Entrée: Beef Chili Vegetarian Entrée: Vegetarian Chili</p> <p>Sides: Green Beans, Assorted Fresh Whole Fruit</p>	<p>Entrée: Broccoli and Cheddar Rice Casserole with Bacon Vegetarian Entrée: Broccoli and Cheddar Rice Casserole</p> <p>Sides: Roasted Cauliflower, Jasmine Rice, Assorted Fresh Whole Fruit</p>
TUESDAY	<p>Entrée: Breakfast Sandwich English Muffin with Fried Egg & Cheese, Sausage Patties</p> <p>Daily Offerings: Jasmine Rice, Fresh Fruit Salad, Yogurts, Assorted Cold Cereals, Oatmeal, Whole Grain Bread, Milk, Orange Juice, Cranberry Juice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Bement "Famous Bowl" GF Entrée: Bement "Famous Bowl" Vegetarian Entrée: Bement "Famous Bowl"</p> <p>**Popcorn Chicken, Mashed Potatoes, Corn, Cheese, Gravy**</p> <p>Sides: Jasmine Rice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Shrimp Alfredo Vegetarian Entrée: Vegetable Alfredo</p> <p>Sides: Garlic Bread, Caesar Salad, Jasmine Rice, Assorted Fresh Whole Fruit</p>
WEDNESDAY	<p>Entrée: Huevos Rancheros, Chorizo Sausage</p> <p>Daily Offerings: Jasmine Rice, Fresh Fruit Salad, Yogurts, Assorted Cold Cereals, Oatmeal, Whole Grain Bread, Milk, Orange Juice, Cranberry Juice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Pierogis with Kielbasa GF Entrée: Lazy Pierogis with Kielbasa Vegetarian Entrée: Potato and Cheese Pierogis</p> <p>Sides: Corn, Jasmine Rice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Pasta with Meatballs Vegetarian Entrée: Pasta with Marinara</p> <p>Sides: Brussel Sprouts, House Salad, Jasmine Rice, Assorted Fresh Whole Fruit</p>
THURSDAY	<p>Entrée: Buttermilk Waffle Sticks, Granola and Berry Parfait, Bacon</p> <p>Daily Offerings: Jasmine Rice, Fresh Fruit Salad, Yogurts, Assorted Cold Cereals, Oatmeal, Whole Grain Bread, Milk, Orange Juice, Cranberry Juice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Sweet n Sour Chicken GF Entrée: Sweet n Sour Chicken Vegetarian Entrée: Sweet n Sour Tofu</p> <p>Sides: Edamame, Jasmine Rice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Jambalaya Vegetarian Entrée: Veggie Jambalaya</p> <p>Sides: Roasted Kale Chips, Avocado Iceberg Salad, Jasmine Rice, Assorted Fresh Whole Fruit</p>
FRIDAY	<p>Entrée: 3 Cheese Omelettes, Apple Chicken Sausage, Cider Donuts</p> <p>Daily Offerings: Jasmine Rice, Fresh Fruit Salad, Yogurts, Assorted Cold Cereals, Oatmeal, Whole Grain Bread, Milk, Orange Juice, Cranberry Juice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Whole Grain Fish Sticks GF Entrée: Baked Fish Cutlet Vegetarian Entrée: Vegetable & Tempeh Stir Fry</p> <p>Sides: Peas & Carrots, Jasmine Rice, Assorted Fresh Whole Fruit</p>	<p>Entrée: Chicken Tenders Platter Vegetarian Entrée: Chef's Choice **Comes w/ Assorted Dipping Sauces**</p> <p>Sides: Coleslaw, Macaroni Salad, Jasmine Rice, Assorted Fresh Whole Fruit</p>

Also available at all meals: milk, yogurt, sun butter and jelly sandwich, side salad, fresh fruit, cheese sticks, meat and cheese sandwich, assorted fruit cups in 100% fruit juice

Bement's dining hall uses fresh, local, and organic ingredients in season and whenever possible. Questions? Please ask! Menu is subject to change during the week due to availability of fresh ingredients.