

# **Bement School Concussion Policy**

## **Introduction**

A concussion is a potentially serious brain injury that can have short-term and long-term consequences. Bement School, with the guidance of the Medical Director, has evolved a robust program to minimize the impact of concussions on Bement School students. This policy statement outlines our overall approach to concussions, which includes efforts to:

- Educate coaches, athletes, parents and the school community to both minimize the occurrence of concussions in sports and to identify concussions promptly and accurately
- Provide standardized yet individualized clinical decision-making in the management of concussions, including the return-to-play decision (see the Return To Learn and Return To Play Plans)
- Provide educational adjustments and academic accommodations to students when indicated

## **Policy**

1. All Bement School coaches will regularly undergo education and training with respect to concussions.
2. All Bement School students and their parents will undergo education and training with respect to concussions prior to participation in athletic competition.
3. The Bement School Medical Director, School Nurse, and Athletic Director will
  - a. Regularly undergo education and training with respect to concussions.
  - b. Will utilize the Bement School RTL and RTP Plans, and the Bement School Educational Adjustments for Concussion as guidelines for providing care to athletes with a suspected or diagnosed concussion.
4. The Bement School Nurse will coordinate care with the Health Center for boarding students and with the Primary Care Physician for day students.
5. The Medical Director, Athletic Director, School Nurse, and Head of Upper School will work with teachers and advisors to ensure that academic accommodations are provided when indicated to students who have sustained a concussion.
6. The Medical Director, Athletic Director, and the School Nurse will review and update the Concussion Policy and the Bement Return To Learn, Return To Play Plans yearly.