



**It's delicious! It's nutritious!**  
**It's a bag lunch brought to you by the Bement Kitchen Staff!**

So you want your adventurer to have a healthy, satisfying lunch but you just don't have the time to get it ready! Bement Adventure Camp is offering a bag lunch program brought to you by our very own Bement Kitchen staff. They have years of experience in making kids happy and satisfied with their lunches prepared fresh each day. Your child will have a bag lunch delivered each day which will include a fresh lunch including a variety of sides.

Some samples menus will include:

Turkey and cheese, ham and cheese, hummus and veggie sandwiches, hot dogs, tuna fish, chicken salad or sun butter and jelly. All sandwiches are accompanied by fresh veggies and/or fruit and pretzels, crackers, granola bar, or chips and a small dessert.

-----

\_\_\_\_\_ Yes, please sign us up for your lunch variety program! \$55/per session.

Session 1 \_\_\_\_\_

Session 2 \_\_\_\_\_

Session 3 \_\_\_\_\_

Session 4 \_\_\_\_\_

Child's Name: \_\_\_\_\_

Please make checks payable to The Bement School.